

10th Annual Arkansas Conference for Parent Education & Parental Involvement

*It's A
Celebration*

October 20-22, 2008

Hot Springs Convention Center

Registration Deadline: October 1, 2008

presented by
Arkansas Parenting
Education Network



Reserve Your Exhibit Booth Today!

- Exhibit booths are \$100 for for-profit organizations and \$60 for non-profit organizations. The exhibit fee will be waived if you donate a door prize with a retail value of more than \$150.
- Each exhibit will consist of one six-foot skirted table with two chairs. Access to electrical, telephone or DSL hook up is available for an additional charge. These charges double if not requested in advance.
- Exhibits will be open after noon on Monday, October 20, and until 5 PM on Tuesday, October 21, 2008.
- Exhibitors will be encouraged to participate in the "It's a Celebration" Networking Social at 5 PM on Monday, October 20, 2008. A contest will be held for the exhibit booth that best reflects this year's theme.
- For more information, contact Pam Kahler at 501-364-7580 or kahlerpamj@uams.edu.
- To reserve your space today, submit a copy of the following form by October 1, 2008.

Organization Name _____

Organization Address _____

Contact Person _____

Contact Person Address (if different from above) _____

Telephone/Fax _____

Email Address _____

Description of Display _____

Special Needs _____

Description of Items for Sale (if applicable) _____

Description of Door Prize Donations and Retail Value (if applicable) _____

Payment Information

- | | |
|--|----------|
| <input type="checkbox"/> For-Profit @ \$100 | \$ _____ |
| <input type="checkbox"/> Non-Profit (Tax ID# or 501(c)(3) certification required) @ \$60 | \$ _____ |
| <input type="checkbox"/> Door Prize Donation (Over \$150 value waives booth fee)..... | \$ _____ |
| <input type="checkbox"/> Electrical Outlet @ \$30 | \$ _____ |
| <input type="checkbox"/> Dial-up Internet Connection @ \$60 | \$ _____ |
| <input type="checkbox"/> DSL Internet Connection @ \$150 | \$ _____ |

Total Registration Fees \$ _____

Registration Form and Check or Purchase Order should be sent to:

APEN/Attn: Pam Kahler
800 Marshall, Slot 512-21B
Little Rock, AR 72202
501-364-7580
501-364-1588 (fax)



NEW!

Online Registration

New this year, you will be able to register online. Go to www.arkansasctf.org for information and instructions. VISA and MasterCard accepted for online registrations.

Party Planning

Bookstore

The conference bookstore will be open during conference hours on October 20-22, 2008. Books and educational materials will be available for purchase. The bookstore accepts cash, checks and credit cards.

Exhibitors Wanted

Looking for a way to showcase your organization's resources, products or accomplishments? Exhibit space is available for a nominal cost and is a great way to share your information with all conference participants. For information see facing page.

Door Prizes Wanted

Door prize donations are greatly appreciated. To offer an item to be given away during the conference, contact Pam Kahler at KahlerPamJ@uams.edu or 501-364-7580.

Volunteers Wanted

The conference staff is limited. To facilitate the execution of the conference, we rely on volunteers for many tasks. If you are willing to assist, please indicate this on your registration form.



Conference at a Glance

Monday, October 20, 2008

10 a.m. - Noon	Registration Check-in
Noon - 1:45 p.m.	General Session/Luncheon Keynote Speaker Alduan Tartt
2:00 - 3:15 p.m.	Workshop Session A
3:30 - 4:45 p.m.	Workshop Session B
5:00 - 7:00 p.m.	"It's A Celebration" Networking Social/ Awards Ceremony

Tuesday, October 21, 2008

8:00 - 9:00 a.m.	Registration Check-in/ Continental Breakfast
9:00 - 10:15 a.m.	Workshop Session C
10:30 - 11:45 a.m.	Workshop Session D
Noon - 1:30 p.m.	General Session/Luncheon Keynote Speaker Jane Bluestein
1:45 - 3:00 p.m.	Workshop Session E
3:15 p.m.	Arkansas Parent Coordinators Association Meeting
6:00 - 8:00 p.m.	"Bathhouse Bash" Fordyce Bathhouse Tour and Reception

Post-Conference Institute

Wednesday, October 22, 2008

8:00 - 9:00 a.m.	Registration Check-in/ Continental Breakfast
9:00 a.m. - Noon	Post Conference Seminar <ul style="list-style-type: none">• Soft-Spoken Parenting• Parent Leadership Institute• Current Treatment of Attention Deficit Hyperactivity Disorder in Children• Family Nutrition and Physical Activity: How to Get Started and Stay Motivated• Gangs: Current Trends and Realities• Asperger Disorder and High Functioning Autism: Navigating the Basics• ADE Parent Involvement Modules

Keynote Speakers

Dr. Alduan Tartt

October 20, 2008



Dr. Tartt is licensed as a positive psychologist in Georgia, is the author of *THE RING FORMULA: How to Marry MR. RIGHT*, is the owner/CEO of Visionary Minds, Inc., a motivational speaking firm and psychology practice and one of the founding partners of The Novem Group, LLC - an executive and personal life coaching firm. Dr. Tartt has successfully worked with more than 500 clients in

Georgia, California, and Michigan. He is a graduate of Morehouse College and the University of Michigan, where he was one of the youngest African-Americans to receive his Ph.D. in clinical psychology.

While attending Morehouse College, he witnessed the senseless murder of a young scholar in a drive-by shooting. At that moment God told him, "You lived because I have great work for you. One is gone so you must save many." Dr. Tartt had the opportunity a few months later to speak at the prison where the perpetrator was being detained. When the young man recognized Alduan, he returned to his cell. Alduan immediately sensed that this young man was ashamed, lost, and had lost his self-worth. That interaction propelled Alduan to pursue a degree in psychology to study violence prevention.

A gifted motivational speaker, Dr. Tartt is also skilled at finding spiritual gifts in others and helping them cultivate and share them with the world. He can help you quickly transform your vision into reality. Thinking "backwards," he sees success first and encourages you to live what is already destined. He notes, "My greatest challenge is not finding greatness in others, it's getting them to see it for themselves."

Dr. Tartt is a devoted father, community servant, and humanitarian. He currently serves on the board of directors for the 100 Black Men of DeKalb and previously served as vice president on the board of directors for Forever Family. Dr. Tartt is also an associate member of the National Speakers Association of Georgia and Toastmasters International. He is a contributing columnist for B.L.E.S.T (Breathing, Living, Embracing, Successful Transitions), *Your Black World*, and *A Poetic Life* and has been a featured guest on the Blog Talk Radio, *Finding Morris*, *The Twinkie Awards*, and TVOne's hit series *Black Men Revealed*.

Dr. Jane Bluestein

October 21, 2008



A dynamic and entertaining speaker, Dr. Bluestein has worked with thousands of educators, counselors, healthcare professionals, parents, childcare workers and other community members world-wide. She has appeared internationally as a speaker and talk-show guest, including several appearances as a guest expert on CNN, National

Public Radio and The Oprah Winfrey Show.

Dr. Bluestein specializes in programs and resources geared to provide practical and meaningful information, training and hope in areas related to relationship building, effective instruction and guidance, and personal development. Much of her work focuses on interactions between adults and children, especially children at risk. Her down-to-earth speaking style, practicality, sense of humor, and numerous stories and examples make her ideas clear and accessible to her audiences.

Jane is an award-winning author whose books include *Creating Emotionally Safe Schools*, *21st Century Discipline*, *Being a Successful Teacher*, *Parents, Teens, & Boundaries*, *High School's Not Forever*, *The Parent's Little Book of Lists: Do's and Don'ts of Effective Parenting*, *Mentors, Masters, and Mrs. McGregor: Stories of Teachers Making a Difference*, and *Daily Riches: A Journal of Gratitude and Awareness*. Dr. Bluestein's latest books include *The Win-Win Classroom* and a companion facilitator's guide.

Formerly a classroom teacher (in inner-city Pittsburgh, PA), crisis-intervention counselor, teacher training program coordinator, and volunteer with high-risk teens at a local day treatment program, Dr. Bluestein currently heads Instructional Support Services, Inc., a consulting and resource firm in Albuquerque, New Mexico.

Her words will touch your heart; her ideas will change your life.

Concurrent Workshops



Session A Workshops

October 20, 2008
2:00–3:15 p.m.

A-1 The Absent Father Problem

This workshop will present a multi-pronged approach for instilling self-discipline in young people, particularly those with an absent father or a less than positive role model. Personnel from all disciplines will benefit from this session, which will discuss how to instill self-discipline in young people while 1) still providing the nurturing element of effective parenting; 2) without compromising valuable instruction time; 3) without involving or straining the juvenile court system. The proactive and proven effectiveness of mentoring as an intervention when the father is absent will also be discussed.

Presented by: Alduan Tartt, Ph.D.

A-2 If You Build It, They Will Come

Are you an educator who has had a disappointing, minimal number of parents attend your parental involvement events? If so, you must hear our ideas! Attendees will be guided through a simple, 3-step process of planning a successful, beneficial, and interactive Parent Night. The presenters will share how the practical steps and planning can take place within the classroom on a regular school day, and how their school has achieved a parental attendance rate of more than 90% at multiple parent nights!

Presented by: Kelli D. Smith and Teri Beth Nokes, Greenbrier School District

A-3 Banishing the Bully Battle

Bullying is a form of extremely serious and destructive behavior. It affects millions of students of all races and classes. This workshop will cover examples of bullying behavior and types of bullies, as well as the psychological effects of being bullied. Ideas of how to help both bullies and victims will be discussed.

Presented by: Michelle Young, Centers for Youth & Families

A-4 Activities That Build Better Brains and Bodies

Parents and educators are concerned about the increase in the number of children experiencing sensory issues and difficulty in learning. This workshop, based on the book *The Out of Sync Child Has Fun*, by Carol Kranowita, will demonstrate activities that parents and teachers can use to help children with sensory issues. These activities will add a few more smiles to a child's day at home or at school and help children to develop their bodies and integrate their senses. Come and smile yourself while participating in these activities.

Presented by: Suzann Dahl Hernandez, Arkansas State PIRC/Center for Effective Parenting

A-5 Together We Can: Creating Successful Family and Afterschool Partnerships

Engaging families in afterschool programs is more than counting heads at family nights or special events. It is about connecting with families so that all parties can support a child's success. In this session, participants will explore factors that mediate family involvement in afterschool programs, explore different dimensions of activities that promote family involvement, and explore systematic ways to evaluate family involvement in your afterschool program.

Presented by: Jennifer Harris, Arkansas Out of School Network

A-6 Understanding Grief

This program teaches how to better understand the grieving process and how to more effectively respond to the grief-stricken. Discussion will include a brief history of American grieving, stages of death and dying, complicated bereavement, distinguishing between healthy and unhealthy grief, and successful approaches to helping the bereaved heal. Participants should come prepared to discuss their own experiences as well as those of others as it pertains to grief.

Presented by: Jim Guinee, University of Central Arkansas

A-7 Community Mental Health Services: Where to Find Help Near You

Participants will receive information on how to find resources for treatment in their community. They will receive information on school-based mental health services (including information on model programs around the country), what is offered in their community/area, and how teachers, parents and caregivers can forge relationships with local providers to get more treatment in their school setting.

Presented by: Erika N. Mays, LPE and Erica Jenkins, Ph.D., Professional Counseling Associates

A-8 Overview of the Attorney General's Educational Programs

This session will provide an overview of all educational programs provided free of charge by the Attorney General's Office. The session will include Abduction Prevention, Internet Safety, Runaways, Youth Suicide, Law Education, Credit Card Management, and Identity Theft. Some program materials will be provided.

Presented by: Rachel Ellis, Arkansas Attorney General's Office

A-9 Home Visiting as a Strategy for Engaging Parents in the Education of Young Children

This workshop will focus on the ideas and strategies used by home visiting staff to effectively involve parents in the education of their children. Throughout this lively, interactive presentation, participants will receive practical guidance for engaging parents and managing successful home visits.

Presented by: Jacqueline Richardson and Patricia Anderson, Arkansas State HIPY

A-10 Childhood Sexuality:

What is Age-Appropriate vs. Problematic

Parents and educators play important roles in teaching children about sex/sexuality. Thus it is critical to recognize age-appropriate versus concerning sexual behaviors in children. This workshop will explore normative sexual development in children from pre-school to young school-age to preadolescence, help participants recognize red flags for infrequent and/or problematic sexual behaviors in children, and offer practical guidelines and healthy strategies for managing children's sexual behaviors. Teaching methods include basic-level didactic instruction, a handout, and audience participation in a learning exercise. Appropriate for all conference attendees.

Presented by: Janice K. Church, Ph.D. and John C. Clemmons, Ph.D., Arkansas Children's Hospital

APCA Meeting

October 21, 2008, 3:15 - 4:15 p.m.

Members and prospective members of the Arkansas Parent Coordinators/Facilitators Association are welcome and encouraged to attend. For more information, contact APCA Chair Jeannie Grissom, 501-796-2050 or jeannie.grissom@vilonia.k12.ar.us.



Session B Workshops

**October 20, 2008
3:30-4:45 p.m.**

B-1 Building Relationships

This presentation will focus on how we build and foster the development of relationships. The work of Dr. Alan Zimmerman (how to build and foster relationships) and Dr. Becky Beegle (poverty) will serve as the basis for the workshop. Part of Dr. Beegle's research has addressed how individuals who live in poverty primarily communicate in oral language whereas the language used in school settings is primarily print-based. Knowing the differences between the two can guide how we develop relationships with families living in poverty. Participants will learn the following: essential foundational components of relationships, questions to ask to build relationships, the language of poverty, and how the language of poverty influences relationship building with this population. Participants will have an opportunity to apply strategies.

Presented by: Kathryn O'Brien, Fort Smith School District

B-2 Helping Parents Support Student Success in Middle School

This presentation for parents and parent educators focuses on equipping parents with the knowledge to effectively support students during the middle school years (grades 5-8). The presenters will share strategies for getting the most from parent-teacher conferences by asking the right questions; describe how to best support the school's efforts on the child's behalf; and provide research based strategies, study skills and resources that are beneficial in helping the child meet grade level learning objectives. Special attention will be given to supporting success in mathematics and reading, as these areas are foundational to student success in other subjects. Presenters will also share methods for providing this knowledge to parents outside the school environment.

Presented by: Shelley Williams, Ed.S., West Memphis School District

B-3 Planting Seeds of Success at a Kinder“garden” Fun Fair

Learn how several schools in Arkansas are transitioning preschoolers into Kindergarten in a fun, productive way. “Going To Kinder’garden’ Fun Fair” features activities based on ADE’s Kindergarten Readiness Indicator Checklist (KRIC). The Fair is an annual Kindergarten registration kick-off event which effectively breaks down intimidation barriers for children and their parents. Discover how hosting this inexpensive Fair will draw awareness and interest in your parental involvement program from parents, staff, and community members. Participants in this session will receive planning, implementation, evaluation, and event follow-up tips and handouts. The presentation will conclude with an opportunity to share other successful preschool to Kindergarten transition ideas.
Presented by: Jeannie Grissom, Vilonia School District and Lori Satterwhite, Southside School District

B-4 Back to Basics

Back to the Basics (BTTB) is a methodology developed by Parentpoints, Incorporated. Parents and their children have lost the fundamental relationships essential to teaching life skills. BTTB addresses parenting styles, how parents/children learn, and understanding behaviors. It explores rules for success, consistency in approach and expectations, and how to adjust the message when needed. BTTB is an “ordered” process that prepares parents to reconnect to their children, and then cultivate a balance, using guidance and compassion, discipline, and reward and praise...Basics!
Presented by: Daron D. Barker, ParentPoints, Inc.

B-5 Turning Away Wrath

This program teaches participants how to impart and implement successful strategies for managing anger. An array of interventions includes cognitive-behavioral approaches, the use of humor, and simple behavioral techniques. Specific learning objectives include 1) participants will learn more about the nature of anger and problem anger, 2) participants will learn more about how to manage anger effectively, and 3) participants will be encouraged to examine their own anger management style.
Presented by: Jim Guinee, University of Central Arkansas

B-6 Family Life Programs: An Overview

This workshop will introduce participants to all of the family life programs and resources available through the University of Arkansas Cooperative Extension Service. Every participant will have the opportunity to pick up a full set of program materials for the programs presented, including The Parenting Journey, The Marriage Garden, The Personal Journey, and See the World Through My Eyes. Specific learning objectives are 1) to help participants identify free family life resources

available to them; 2) to help participants know where to get these resources; 3) to help participants know how to use these resources.

Presented by: James Marshall, Ph.D. and H. Wallace Goddard, Ph.D., University of Arkansas Cooperative Extension Service

B-7 Positive Discipline A to Z

Positive Discipline from A to Z is based on a parenting curriculum by Jane Nelsen. The following six skills will be presented and discussed: Morning Schedules, Mealtime Hassles, Bathtime & Bedtime Routines, Homework (Forgetful), Keeping Room Clean (Chores), and Television/Video Games and the Internet. How to hold successful family meetings will be addressed and a video A Change For the Better from Boys and Girls Town will be presented.
Presented by: Dee Austin, Ed.S., LPC, Arkansas State PIRC/Center for Effective Parenting

B-8 WATCH D.O.G.S.

WATCH D.O.G.S. (Dads Of Great Students) is an innovative program focusing on safety and education in our children’s schools using the positive influence of fathers and father-figures for a two-fold purpose: 1) to provide an unobtrusive fathering presence, and 2) to provide a positive and active role-model for students at the school. Fathers, stepfathers, grandfathers and uncles are asked to spend at least one day at their student’s school, where they support students and the school in a variety of ways.
Presented by: Scott Huse, Watch D.O.G.S.

B-9 Marketing 101

The presenters will share insight into the world of marketing and media relations. Participants will learn how to survive ever decreasing marketing budgets and ever increasing expectations!
Presented by: Melissa Wilcoxson and Dan McFadden, Arkansas Children’s Hospital

B-10 Coordinated School Health

Coordinated School Health is being utilized in Arkansas to improve health outcomes for school age children. It is a process that allows multiple programs, initiatives and providers to work together within the school setting to ensure that children are healthy and ready to learn. This session will share current strategies of schools involving parents and the community in promoting innovative, creative, and fun health strategies and activities.
Presented by: Laura McDowell, Tamara Baker, ADE Coordinated School Health



Session C Workshops

October 21, 2008
9:00-10:15 a.m.

C-1 Strengthening the Partnership

This workshop will focus on the newest Strengthening the Partnership modules developed by the Arkansas State PIRC / Center for Effective Parenting. These modules focus on 1) what parents can do to improve the effectiveness of parent-teacher conferences, and 2) what Title I parents need to know about NCLB. Attendees will be provided the materials and resources necessary to present these modules to parents in their school/community. Materials on previously developed modules will also be available.

Presented by: Nicholas Long, Ph.D., Arkansas State PIRC/Center for Effective Parenting

C-2 Partners in Positive Behavior

This workshop focuses on interpersonal, problem-solving and conflict resolution skills that parents can teach their child, of preschool through late elementary ages, to help them become more successful at home and at school. Participants will hear an overview of the *Stop and Think Social Skills* parenting book and DVD. This parenting book and DVD have been distributed to elementary school parent centers across Arkansas as part of the Arkansas State Improvement Grant (SIG) Parent Initiative. Parents will find this information useful for teaching their children appropriate behavior and supporting school-based implementation of the Stop and Think Social Skills Program.

Presented by: Randall Glenn and Lisa S. Johnson, Arkansas State Improvement Grant

C-3 Resiliency Schools

This session is designed for those who want to become more effective at promoting parent and community involvement in education. Techniques for rekindling the excitement and finding the inner moti-

vation to advocate for involvement will be presented. The importance of this work will be reinforced, leaving participants energized and prepared to promote ongoing parent and community involvement.

Presented by: Dee Cox, Arkansas Department of Education

C-4 Recognizing and Reporting Child Abuse

This is an interactive presentation on recognizing physical and behavioral indicators of child maltreatment, including real life examples. Participants will also learn about the roles and responsibilities of mandated reporting and what happens when a call is made to the statewide child abuse hotline. All professionals who work with children or have children of their own will benefit from this session.

Presented by: Sherry Williamson, MPA, Arkansas Commission on Child Abuse, Rape and Domestic Violence

C-5 See the World through My Eyes: A New Program to Help Adults Understand Children's Normal Developmental Challenges

See the World through My Eyes invites parents and caregivers to see about 20 common developmental challenges through the eyes of a child. The program is designed to help adults bring more knowledge, understanding, and compassion to their relationships with preschool and school-age children. Every participant will be equipped with a full set of program materials. The specific learning objectives are to 1) help participants identify common developmental challenges that parents and caregivers face with children; 2) help participants learn effective responses; 3) help participants use positive, developmentally appropriate strategies with children.

Presented by: H. Wallace Goddard, Ph.D. and James P. Marshall, Ph.D., University of Arkansas Cooperative Extension Service

C-6 Effective Teenage Pregnancy Prevention: What Works?

This presentation will review current national and statewide data related to teen pregnancies and births, and will examine the common components of curricula found through rigorous evaluations to be effective in reducing the sexual risk-taking of teens. Participants will learn about implementation strategies in Arkansas, and develop plans for initiating efforts in their own communities.

Presented by: Michael Vogler, New Futures for Youth, Inc.

C-7 The ABC's of a Reality Check

"Now I know my ABC's. Tell me what you think of me!" More importantly, how do you view yourself? This highly motivational workshop will show you the importance of understanding yourself as you work to help others, be successful in life and reach your destiny.

Presented by: Delores Richardson and Emma Lee, Fort Smith School District

C-8 Funding Our Children's Future

Funding Our Children's Future will discuss the importance of parents and educators becoming actively engaged in the process of funding children's health and education programs at the state and federal level. This workshop will educate participants on the state and federal budget and tax process, status of legislation, key funding sources and the importance of their role in child advocacy.

Presented by: Candice S. Smith and Pat Bodenhamer, Arkansas Advocates for Children and Families

C-9 Parent Involvement in High School

High School students.... You have to Love them! Successful high school parent involvement activities and strategies will be presented that will encourage parent, community, and school interactions. Participants will love the high school student even more!

Presented by: Arkansas Department of Education



Session D Workshops

October 21, 2008
10:30-11:45 a.m.

D-1 My Brain Doesn't Work Like That!

This program will explore a number of ways individuals learn. In addition to presenting dozens of practical strategies for accommodating a variety of learner preferences, we'll also look at ways to teach children how to take responsibility for their own learning needs—without creating problems for anyone else. Great ideas for all kids (and adults as well), especially those working with non-traditional learners.

Presented by: Jane Bluestein, Ph.D.

D-2 The Joy of Interactive Reading

One of the best things parents can do for their children is to help them develop a love of reading. Come experience interactive reading and see how these skills can help parents lay a foundation for their children's success in school.

Presented by: Linda Patterson, M.Ed., Arkansas State PIRC/Center for Effective Parenting

D-3 Maintaining Your PI Garden

This session will discuss the importance of maintaining your garden in order to grow professionally. The emphasis will be on the need for continually planting and cultivating new Parent and Community Involvement information and ideas.

Presented by: Dee Cox, Arkansas Department of Education

D-4 Disability Etiquette: Interacting With People With Disabilities

This session is designed to create a general awareness about persons with physical and mental limitations. We will explain techniques and strategies to use when interacting with people with disabilities. We will also identify the keys to effective communication and try to dispel the fear associated with interacting with people with disabilities.

Presented by: Barry M. Vuletich, Arkansas Disability Coalition

D-5 Read and Succeed

This session will equip parents and homebased educators with practical strategies to help children succeed. Innovative ideas will be shared to help participants explore the advantages of reading aloud, the role of the family, educators, and character building. The latest research for parental involvement and its effect on student academic improvement will be addressed during this session.

Presented by: Karen Walker and Evelyn Bass, AETN

D-6 Healthy Eating Tips for Avoiding Hassle in the Castle

This presentation targets parents, teachers and caregivers interested in improving the overall health and nutrition status of today's children. Participants will obtain 1) increased awareness of nutrition concerns related to healthy children; 2) improved understanding and awareness of nutrition guidelines and tools available for teaching nutrition to children; 3) tips for creating healthy meal habits and involving family members in making food fun.

Presented by: Angela Caldwell, MS, RD, LD, Black River Technical College

D-7 Being an Influence for Good: Children and Moral Development

Although child care providers and parents may influence children intentionally through modeling behaviors and talking about beliefs and values, they also influence children unintentionally in a variety of ways. We need to invite children to consider the meaning and value of being human. Specific learning objectives are to 1) help participants understand three tasks of moral development; 2) help participants identify things they can do to help contribute to the moral development of a child.

Presented by: James P. Marshall, Ph.D., University of Arkansas Cooperative Extension Service

D-8 The Full Circle of Teen Parenting

This presentation will consist of a mock meeting, followed by a panel discussion. The mock group will allow everyone to experience how it is to be involved in a teen moms program/group. The presentation will end with a question and answer period with our older young moms group. Everyone is encouraged to participate in the group, have fun and learn something new.

Presented by: Felicia Brown and Daarina Reynolds, Centers for Youth and Families

D-9 Recruiting, Rewarding and Retaining Your Unpaid Staff

This useful and enjoyable session will provide tips for recruiting different types for different jobs within your organization, as well as discuss recruitment techniques to totally avoid. It will also address the development of a volunteer recruitment team.

Volunteer recognition principles will also be emphasized. A list of creative and inexpensive ideas for appropriately recognizing differently motivated people will be provided for discussion.

Presented by: Arthurine Harrison and Beth Jacks, DHS Division of Volunteerism

D-10—ELL Parent Involvement

As Arkansas' ELL population expands, educators are experiencing difficulty with effective and on-going parental involvement with ELL parents. Strategies and suggestions will have shared with the participants to better the communication and interaction between the school personnel, teachers, students, and parent.

Presented by: Arkansas Department of Education

Session E Workshops

October 21, 2008

1:45–3:00 p.m.

E-1 Learn to Play, Play to Learn

Time for fun? This interactive workshop will explore child-directed play sessions with young children.

The ways in which adults can effectively coach academic, social and emotional school readiness, while building positive attachments with their child will be discussed.

Presented by: Linda Patterson, M.Ed., Arkansas State PIRC/Center for Effective Parenting

E-2 Partners in Literacy

This presentation is an overview of the Arkansas State Improvement Grant (SIG) Parent Initiative and includes the one hour literacy workshop, Partners in Literacy, available for parents and schools as part of SIG Goal I Literacy. Partners in Literacy defines and describes the five essential elements of literacy: phonemic awareness, phonics, fluency, vocabulary, and comprehension, and offers some simple and effective activities that parents may use to support their child's growth in reading. Attendees at this presentation will also be introduced to two new web-based literacy intervention tools developed through the Arkansas State Improvement Grant – the Arkansas Literacy Intervention Matrix and the RIDE Reading Intervention Bank.

Presented by: Lisa S. Johnson and Lisa Haley, Arkansas State Improvement Grant

E-3 Love, Luck, Laughter, and Lollipops! A Parent Involvement Facilitator/Coordinator's Handbook

Whether you are a new public school parent facilitator/coordinator or whether you are experienced and just wish you had all your basic information in one handy place, you will LOVE this Handbook! It is conveniently bound in notebook form for easy insertion or removal of material as the need arises. It is divided into sections which include Laws and Timeline, Resources and References, Administrative, Parent Centers, Research Information, Arkansas State PIRC, Educational Acronyms & Terms, etc. The Handbook also includes sample brochures, newsletters, surveys, parent involvement ideas, and other contributions of material from successful parental involvement programs across the state of Arkansas.

Presented by: Jeannie Grissom, Vilonia Public Schools



E-4 Family Meals: They Are Important!

The purpose of this presentation is to provide information that shows children learn and form many habits during mealtime. Establishing positive eating habits during childhood helps children build skills that can last a lifetime. Participants will learn 1) why mealtime is important; 2) how to involve children in meal preparation; 3) that mealtime can be a positive learning time for children. The session will include a detailed PowerPoint, group discussions, hands-on activities and handouts. It is intended for all educators, families with children and childcare providers.
Presented by: Teresa Henson and Easter H. Tucker, University of Arkansas Cooperative Extension Service

E-5 Discovering and Encouraging Strengths in Children

We often think of children in terms of their problems and limitations – which makes their problems worse. Instead, when we think of their strengths and gifts, we help them grow and be happy. This workshop will help participants learn how to identify children's strengths and encourage their development. Specifically, participants will learn about systems for identifying children's gifts, how to reframe and reinterpret children's "annoying" behavior and ways to encourage the development of children's strengths.
Presented by: H. Wallace Goddard, Ph.D., University of Arkansas Cooperative Extension Service

E-6 You Have Rights

This session will explain parents' rights for their child to receive a Free Appropriate Public Education in accordance with Individuals With Disability Act (IDEA). Specific topics will include referral, Individual Education Plan (IEP), evaluations, placement, due process, and mediation.
Presented by: Barry M. Vuletich, Arkansas Disability Coalition

E-7 Reaching the Kids in the Neighbor "Hood"

At-risk youth is a term that has become synonymous with fear, failure and problems. This session will provide parents and other adults with insight into the world of at-risk youth. Participants will learn the importance of identifying positive characteristics in these young people; recognizing and appreciating their value; and strategies for positive youth development. Practical approaches for moving youth from being at-risk to being empowered will be offered.
Presented by: Kareem Moody, Positive Atmosphere Reaches Kids (PARK)

E-8 Supporting Military Families

Military families are facing many challenges today. Service providers are often asked to provide assistance to military families, but may not be fully aware of the unique challenges facing military families or the many resources available to them. This training will explore the unique strengths and challenges of military families and provide attendees a better understanding of the deployment cycle and its impact on families. Attendees will also learn how to support the resilience of military families and what resources are available to these families. In addition, a panel of service members and family members will share their first-hand experience of the challenges and strengths of military families as well as what types of support are most helpful.
Presented by: W. David Eidt, LPC, CEAP, Military Family Life Consultant

E-9 Foster Grandparent Program

Using the 43-year-old nationally successful Foster Grandparent Program as a model, participants will gain an understanding of how grandparenting-aged men and women can contribute to the well-being and development of at-risk children in daycare centers, HeadStart programs, schools, schools for the developmentally disabled, mental health facilities, and/or any other setting where children are present.
Presented by: Shirley McMillan, Ouachita Baptist University Foster Grandparents Program

E-10 Reaching Out to Parents in Substance Abuse and Recovery

Parental substance abuse affects 10% of children under six and 8% of school-age children. Most parents in treatment and recovery want what is best for their children. They are challenged with two huge jobs: staying sober and parenting. They need help with both. This presentation will discuss the impact of substance abuse and addiction on parenting. Participants will gain knowledge of addiction and recovery, pre and post-natal effects of parental substance abuse on children, and the importance of reaching out to take parent education to this special population.
Presented by: Teri Patrick, M.Ed., University of Arkansas for Medical Sciences



Post-Conference Institute

The Post Conference Institute consists of seminars designed to provide a more thorough, intensive learning experience. Preregistration and a small additional fee are required to participate in the seminar of your choice.

October 22, 2008 • 9:00 a.m. – Noon

PC-1 Soft-Spoken Parenting

For a typical parent, short tempers and angry outburst are regular realities. It doesn't have to be that way. While parents cannot be endlessly patient, we can do things that are helpful and effective rather than unhelpful and destructive. This interactive workshop will discuss some of the ways to excel at soft-spoken parenting.

Presented by: H. Wallace Goddard, Ph.D.

PC-2 Parent Leadership Institute

Parent Leadership Institute prepares parents for active school leadership and parent involvement and engages them as full partners in education by equipping them with information and resources that positively impact student achievement. The goal of this training is to help participants gain an understanding of the leadership institute and build interest in providing leadership training for parents. Each participant will receive a CD with six one-hour workshops complete with PowerPoint, activities and handouts.

Presented by: Suzann Dahl Hernandez, Arkansas State PIRC/Center for Effective Parenting

PC-3 Current Treatment of Attention Deficit Hyperactivity Disorder in Children

In this presentation, a psychologist and pediatrician will provide information on the current medication and non-medication treatments for ADHD. Current thinking about ADHD and implications for treatment will be reviewed. Current issues in the management of medications for ADHD will be discussed, including recent preparations and titration considerations. In addition, specific behavioral interventions for home and school settings will be discussed.

Presented by: Mark Edwards, Ph.D. and Eldon Schulz, MD, University of Arkansas for Medical Sciences

PC-4 Family Nutrition and Physical Activity: How to Get Started and Stay Motivated

Parents are surrounded by media messages about increasing rates of overweight youth in the nation and locally. They often want to make changes themselves in their nutritional intake and physical activity, as well as get their children motivated and involved in these changes. This presentation is for parents but also for educators and medical/mental health professionals who work with families on these or related issues. Attendees will learn 1) how to identify goal behaviors for change (either nutritional changes or physical activity changes); 2) how to design a realistic

plan for change given the family's lifestyle; 3) how to motivate all family members to make these changes; and 4) how to sustain changes and stay motivated. Informational handouts, tools for tracking behavioral change, and a review of local resources for education and/or medical treatment will be provided.

Presented by: Wendy Ward-Begnoche, Ph.D., Arkansas Children's Hospital

PC-5 Gangs: Current Trends and Realities

This presentation will give a history of gangs in Arkansas as well as cover the current trends and realities of gangs, posses, cliques and crews. Participants will learn warning signs for a community and how communities can band together to face the difficult problem of today's youth subcultures.

Presented by: Steve Nawojczyk, DHS Division of Youth Services

PC-6 Asperger Disorder and High Functioning Autism: Navigating the Basics

As professionals, we are encountering more children with the diagnosis of Asperger's (AS) or High Functioning Autism (HFA). To provide the best services for optimal outcome in children with these disorders, it is essential to have the most current information available. This workshop will highlight the diagnostic criteria, etiology and prevalence of AS and HFA. It will discuss assessment, educational modifications, and communication styles as well as the development of behavioral interventions and network of resources that are applicable to these populations. Information will be presented from a multidisciplinary approach by a developmental pediatrician, a child psychologist, and a speech/language pathologist.

Presented by: Regina A. Gargus, MD, Jayne Bellando, Ph.D., and Margie Gilbertson, Ph.D., CCC-SLP, James L. Dennis Developmental Center

PC-7 ADE Parent Involvement Modules

This session will provide an overview of the 2008-2009 Parental/Community Involvement Modules. These modules are created and made available to all school districts to supplement their professional development. CDs containing relevant material will be provided for participants in this session.

Presented by: Dee Cox, Arkansas Department of Education

The Low Down on the Throw Down

“It’s a Celebration”

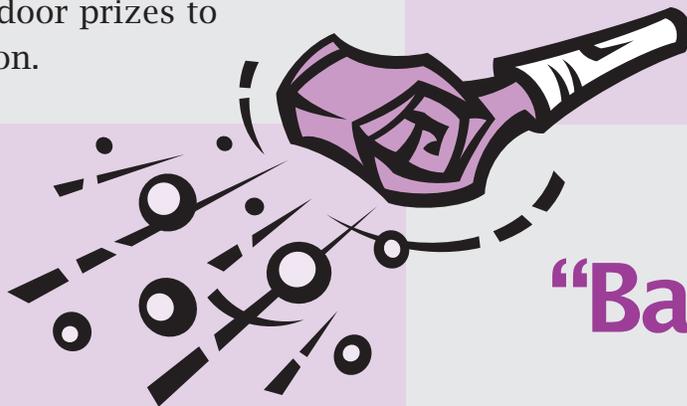
Networking Social

October 20, 2008, 5:00 p.m.

All conference participants are invited to join us as we celebrate 10 years of achievement in parenting education and parental involvement with APEN. In addition to the APEN Awards Program, attendees will have the opportunity to network with colleagues and view the exhibits at a more leisurely pace, as well as enjoy great food, fun, games and door prizes to mark the occasion.

2008 APEN Awards

APEN recognizes individuals and groups that have made significant contributions to parent education and parental involvement in education. To request a nomination packet or for more information, go to www.arkansasctf.org, call 501-664-2227 or email tammygray@arkansasctf.org.



Bookstore

The conference bookstore will be open during conference hours on October 20-22, 2008. Books and educational materials will be available for purchase. The bookstore accepts cash, checks and credit cards.

“Bathhouse Bash”

Tour & Reception

October 21, 2008, 6:00 – 8:00 p.m.

For conference participants who will be staying for the Post Conference Institute, the Fordyce Bathhouse will be open for a special event. Please indicate on your registration form if you would like to join us for an exclusive tour of this historic site.

General Conference Info

Registration

Preregistration for the conference is required. You may register online at www.arkansasctf.org, or by mailing the attached form. All registrations will be confirmed prior to the conference. APEN reserves the right to turn away anyone who is not pre-registered.

Conference Fees \$90

Fees cover breakfast, lunch, refreshments, and conference materials. Social activities "It's a Celebration" and "Bathhouse Tour" are also included in the cost, but you must indicate your plans to attend on the registration form so we can have an accurate head count.

Post Conference Institute Fees \$25

The Post Conference Institute consists of seminars designed to provide a more thorough, intensive learning experience. Preregistration and a small additional fee are required to participate in the seminar of your choice. Fees cover refreshments and materials, unless otherwise indicated.

Registration Deadline: October 1, 2008

A late registration fee of \$10 will be assessed for all registrations received after October 1, 2008.

Substitutions & Cancellations

If you have submitted a registration form, you will be held responsible for payment. Cancellation requests must be received in writing on or before October 1, 2008. Canceled prepaid registrations will be refunded, less a \$10 processing fee, following the conference. Canceled unpaid registrations will be waived only if requested in writing by October 1, 2008. Cancellation requests received after October 1, 2008 will be subject to all registration and processing fees, whether prepaid or outstanding. If you are unable to attend, a substitution may be made without penalty, provided APEN is notified of the substitution prior to the conference.

Continuing Education

1. Continuing Education Units (CEU) for various disciplines will be available through Harding University, Searcy, Arkansas. A prepaid fee of \$8 is required.
2. Professional Development Units will be accepted by the Arkansas Department of Education.
3. The conference has been registered with the Traveling Arkansas' Professional Pathways Registry (TAPPS) for the convenience of Registry members.
4. All attendees will receive a general certificate of attendance at the conference.

Conference Attire

Please dress comfortably for the conference. Layered clothing, including a light jacket or sweater, is suggested.

Special Accommodations

Every effort will be made to accommodate special needs/requests. Please contact APEN staff at 501-664-2227 if you require special accommodations that have not been addressed elsewhere.

Hotel Reservations

Conference participants are responsible for their own room reservations. Be sure to reference Arkansas Parenting Education Network or Conference for Parent Education to take advantage of group rates. Also be advised that reservations made after the deadline shown will be subject to regular rates and availability.

THE AUSTIN HOTEL

305 Malvern Avenue
Hot Springs, Arkansas
877-623-6697 · 501-623-6600

Single \$75 · Triple \$85
Double \$75 · Quadruple \$85

Reservation Deadline: October 10, 2008

EMBASSY SUITES

400 Convention Boulevard
Hot Springs, Arkansas
800-EMBASSY · 501-624-9200

Single \$134 · Triple \$154
Double \$144 · Quad Rate \$164

Reservation Deadline: September 28, 2008

Parking

Registered guests of The Austin Hotel may access free self-parking in the hotel parking deck or use valet parking for \$5 per day. Registered guests of Embassy Suites may use valet parking for \$10 per day or free public parking as available. All conference participants should have access to public parking at no charge.



Questions?

501-664-2227

501-364-7580

or www.arkansasctf.org

**10th Annual Arkansas Conference
for Parent Education & Parental Involvement
October 20-22, 2008**

Registration Form

Please submit a separate registration form for each participant. Forms may be duplicated.

Name, Title _____

Organization or Program _____

Address _____

City/State/Zip _____

Day Phone: _____ Alternate Phone: _____

Fax: _____ Email: _____

(required for rapid registration confirmation)

October 20-21, 2008 Conference @ \$90 \$ _____

Registration is limited to the first 750 people. To assist us with room assignments, please write the code of the individual sessions you are most interested in attending.

Session A-_____

Session B-_____

Session C-_____

Session D-_____

Session E-_____

October 22, 2008 Post-Conference Institute

9 a.m. - Noon @ \$25..... \$ _____

Please choose your topic:

- Soft-Spoken Parenting
- Parent Leadership Institute
- Current Treatment of Attention Deficit Hyperactivity Disorder in Children
- Family Nutrition and Physical Activity: How to Get Started and Stay Motivated
- Gangs: Current Trends and Realities
- Asperger Disorder and High Functioning Autism: Navigating the Basics
- ADE Parent Involvement Modules

Continuing Education Units Fee (optional) @ \$8..... \$ _____

Late Registration Fee @ \$10 \$ _____

(assessed if registration is received later than October 1, 2008)

Total Registration Fees \$ _____

*Registration Form and Check or Purchase Order should be **mailed** to:*

Arkansas Parenting Education Network
415 North McKinley, Suite 462 · Little Rock, AR 72205

VISA and MasterCard may be used if registering online.

- I plan to attend the "It's A Celebration" Networking Social on October 20, 2008.
- I plan to attend the "Bathhouse Bash" on October 21, 2008.
- I require special accommodations _____
- Yes, please contact me about volunteering to help with conference tasks

NEW!
Register Online
New this year, you can register online, with the option of using VISA or MasterCard.
Go to www.arkansasctf.org for information and instructions.



Arkansas Parenting Education Network
415 North McKinley, Suite 462
Little Rock, AR 72205

Nonprofit Organization
U.S. Postage
PAID
Little Rock, AR
Permit No. 2000

Registration Deadline:
October 1, 2008

10th Annual Arkansas Conference for Parent Education & Parental Involvement

It's A Celebration

Visionary Sponsors

Arkansas Children's Trust Fund
AR State PIRC/Center for Effective Parenting
Arkansas Department of Education

Co-Sponsor

University of Arkansas Cooperative Extension Service

Contributors

Arkansas Association of Family & Consumer Sciences
Arkansas Head Start State Collaboration Project
Centers for Youth & Families — The Parent Center